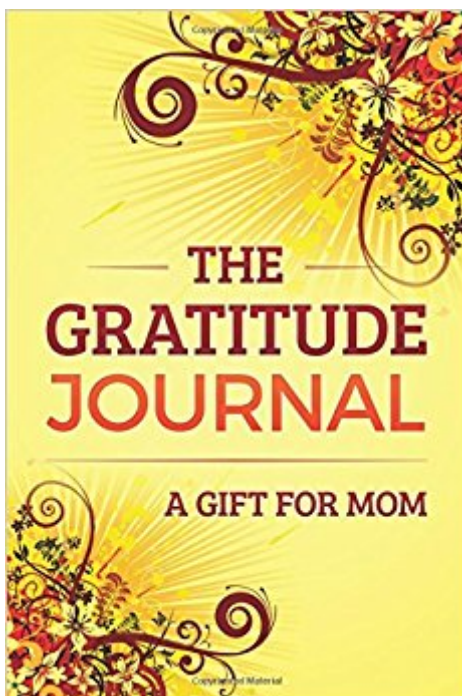


The book was found

The Gratitude Journal: A Gift For Mom



Synopsis

Great Gift for Moms. Spread the love with this Gratitude Journal, a perfect gift for Moms. Whether this gift is for Mother's Day, Birthday or a Thank You day, say Thank you to Moms with this gift. This Gratitude Journal has lined pages and is filled with inspirational quotes (non-religious quotes). By keeping a record of gratitude in a journal, you will store positive energy, gain clarity in your life, and have greater control of your thoughts and emotions. This Journal has space to write down three to five things that you are grateful for every day.

Book Information

Journal: 112 pages

Publisher: CreateSpace Independent Publishing Platform; Jou edition (January 18, 2016)

Language: English

ISBN-10: 1523313137

ISBN-13: 978-1523313136

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 49 customer reviews

Best Sellers Rank: #1,055,144 in Books (See Top 100 in Books) #47 in Books > Health, Fitness & Dieting > Psychology & Counseling > Medicine & Psychology #1891 in Books > Parenting & Relationships > Family Relationships > Motherhood #2894 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

Brenda Nathan is a freelance writer and has been keeping journals for many years. She has traveled around the world and is a student of personal development. Brenda lives in Cary, North Carolina, with her husband.

This book offers little more than blank lines on a page. I had expected there to be more prompts and structure. Instead, the dates are printed on each entry, meaning that unless you're starting on January 1st you're starting in the middle of the book. Each entry is just a date followed by a half dozen blank lines. There's a quote tossed in once a week or so. Would rather just use a blank journal. Useless.

The book is well laid out with various inspirational quotes from various thought leaders. A useful

place to record your gratitude for your many blessings. There is also a section to reflect on your transformations on your journey of gratitude.

Easy to use, and makes a daily gratitude journal entry seem less cumbersome and more fun and relaxing.

I do not write journals but gave this as gift. Item is just okay.

Simple and concise advice, to be followed. Gratitude practice for a better life! Easy to read, harder to practice , with this as a useful guide, easier to achieve!

Convenient daily reminder to be grateful for everything and anything on a daily basis.

This is a great idea! There is very little writing, or explanation of the thinking behind being grateful, however. On random pages there are motivational quotes, so that is nice. I thought it would have more inspiring text to focus me on appreciating what I have in my life.

Gave these as Christmas gifts and the recipients loved them. Good verses inside, too.

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gag gift for men, birthday gift for him, novelty book, Secret Santa exchange, teenage & young adult how-to, high school & college graduation gift Psalm 46:5 God Is Within Her, She Will Not Fall: Prayer Journal for Women to Write in/for Daily Conversation & Praise with God (Bible Verse Journal ... Gratitude Journal, 110 pages, matter cover Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1) Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Dance Everyday Bullet Journal: Dot Grid Dancer, Dance Teacher Notebook, Appreciation Gift Quote Journal or Diary ~ Unique Inspirational Gift for ... You, End of Year, Retirement or Gratitude The Daily Power Journal - (Durable Cover): An Effective Five Minute Journal Tool For Self-Exploration, Daily Gratitude, Productivity, & Happiness 6" X 9" Classic Journal (Diary, Notebook): Classic Journal / Writing Notebook / Blank Diary - 210 Pages, 7" x 10", Hardcover Journal-diary gift. Not All Those Who Wander Are Lost: Notebook- Small Blank Lined Notebook; Travel Journal; Traveller's Notebook; Study Abroad Journal; Vacation Journal; ... Journal; (Travel Journals and Notebooks) Jordan River Baptism Site: Journal, Diary, Notebook - Blank, Lined, 6 x 9 - Memoir Journal, Prayer Journal, Travel Journal (Israel Series) (Volume 3) Bullet Journal: Dot Bullet Journal; Small Blank Dot Grid Journal for Women; (5.25 x 8 in.) -blank dotted pages for Diary, Planner, Calligraphy, Hand ... Journal and Notebook Collection) (Volume 1) Dance Teachers Touch Hearts One Step at a Time: Lined Teacher Notebook, Appreciation Gift Quote Journal or Diary ~ Unique Inspirational Gift for ... You, End of Year, Retirement or Gratitude

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